

# Grief Counseling & Coaching

Grief Counseling & Spiritual Life Coaching

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Dear City Leaders,

We are a religious organization, who have traveled from church to church and from city to city. We became aware of this growing need and barriers that are preventing vital resources from getting to people who really need services.

Many of us have experienced loss of a loved one, loss of a job, divorce, chronic illnesses or even loss of a family home or pet to where we do not know where to turn or where to go for help. Research shows the people who know where to turn or where to go for help, many of them are in denial, ashamed or too “strong” to admit they need grief counseling and support. We have also noticed that many people are stuck in the denial phase, which is the first stage of grief because they appear strong in public but are grieving and brokenhearted in private.

We are here to help close this community gap, take away the shame or the too “strong” attitude that is hindering our community and hindering some of our people from moving forward in a positive and healthy way.

**We'd like to bring our services to your city hall twice a year (every six months) in March and September any day of the week from 11am - 1pm.** We propose having a **community grief group session** at your city hall where members of the community can have an open and safe space to heal, introduce themselves, state why they attended and share stories/memories. Participants will receive a list of resources, identify the stages of grief, explore ways of coping and develop their individual Grief Action Plan.

Our services are free of charge, but we do accept optional small gifts to help our clients and others receive free services and to further advance our Educational Ministry. Our purpose is to be servants to the Lord and servants to mankind holistic well-being. We hope you accept our proposal as we look forward to hearing from you soon.

Sincerely,

Daphnie Newman Boudy, M.Ed.  
Minister, Certified Christian Counselor  
and Sunday School Teacher