

Grief Counseling & Coaching

Education Division

Ph: 601.324.0227 or 985.285.8712

Email: griefcc25@outlook.com

Website: <https://griefcc.org>

Find us on: [Facebook~Google~Yelp](#)

[WhatsApp~Bookedin](#)

College-Bound & College Readiness:



Community Group Event: Where we're preparing the next generation of leaders for higher education and academic readiness. Students connect, grow and network with peers in a safe space. They conduct peer surveys, evaluations and self-assessments and participate in the following college readiness activities:

- **Learning Style Inventory, Pre-Test & Post-Test**
 - **Practice ACT/SAT**
 - **Research Colleges & Affordability**
 - **Research College Majors & Careers**
 - **Find & Apply for Scholarships**
 - Complete FAFSA & Student Aide
 - Draft College Essays
 - Complete/Mail College Applications
 - Request High School Transcript
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- Avoid Summer Melt
 - Review College Checklist
 - College Action Plan

Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

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College-Bound vs College Readiness:

College-Bound refers to the intention or pursuit of attending post-secondary education, while **College Readiness** signifies having the specific academic skills, knowledge, and behavioral habits required to succeed in college-level work without remediation.

College Bound is defined as students, often in high school programs like the Boys & Girls Clubs College Bound program or our affiliates at [Southern University at New Orleans Upward Bound Math & Science TRIO Program](#), who have decided to pursue higher education.

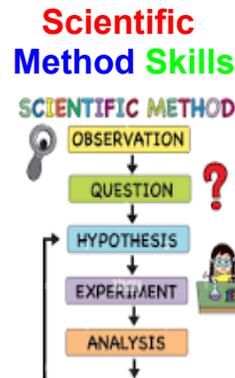
- Focus: Goal-setting, college application process, financial aid, and career planning; and
- Status: Aspirations; A student can be college-bound but not yet academically prepared.

College Readiness (Ability & Preparation) is defined as students possessing academic skills, intellectual capacity, and self-regulation needed to complete credit-bearing college courses.

- Focus - Academic performance (e.g., GPA > 2.8). According to the [National College and Career Readiness Initiative](#), meeting [benchmarks](#) like ACT/SAT, Advanced Placement (AP) exam scores and key areas of academic proficiency in reading, writing, and math are critical. Students need to be able to write well-structured essays, use certain math formulas, and utilize the scientific method and problem solving skills.
- **Real-World & Interpersonal Skills** come from being actively involved and engaged in school, interacting with peers, attending classes, being accountable, taking responsibility and all things in the world around

students. Our Workshops help students develop the below skills and scientific method that will help them in college and beyond the classroom:

- Critical thinking
- Problem solving
- Time management
- Decision making
- Communication
- Networking
- Data analysis
- Constructing and defending an argument
- Collaboration
- Curiosity
- Open mindedness



- **Behavioral** - Self-discipline, time management, and self-independence.

Having college-ready behavior can typically fall into four categories:

- **Self-monitoring:** To self-monitor, students need to be able to check in with their thoughts and actions that align with their goals. When they reflect like this, they can self-regulate, evaluate current goals and take action to change strategies and approaches if needed.
- **Self-awareness:** Similar to self-monitoring, but this skill focuses on each student as a “whole”. If students are self-aware, they are knowledgeable and honest to themselves about their shortcomings, strengths, values, beliefs, and behaviors.
- **Self-control:** When students have self-control, they are proactive vs reactive and are better able to manage their responses, impulses, behaviors, and emotions to situations. They are more likely to make decisions that help them reach their educational and career goals.
- **Study skills:** College-level courses require a higher level of studying compared to high school classes. Students should be able to have study habits that promote learning and understanding the material, including time management, note-taking, prioritizing, choosing the right place to study, and more.

In summary, receiving all A's in high school and participating in the classroom is fantastic but by themselves, they're not quite enough to succeed in higher education. Students need to display certain behaviors that show they can take on the task of

being responsible for themselves and their education as college students. Below are key areas to remember:

- **College-Bound** (Intent & Plan) is a goal; students aim for college.
- **College Readiness** is the measured ability to thrive; students are prepared to succeed upon arrival.

Why Is College-Bound & College Readiness Important?

In our 21st century global society, College-Bound and College Readiness are important for students to evaluate if they are truly ready to take on higher education, stand out to colleges, universities and potential employers, and compete with their peers around the world.

Our ultimate goal and overall purpose is to help students expand on skills they already have, so they can find long-term success in college and the workforce:



Our Workshops help students stand out to colleges, universities and potential employers. Motivate students to succeed. Boost students' GPA. Encourages them to take AP courses, AP exams and ACT/SAT to demonstrate their commitment to tackle and complete college-level work.

At the beginning and end of our Workshops, students complete self-assessments and engage in peer evaluations to help boost self-confidence, interpersonal skills, self-awareness and self-independence.

Additionally with every Workshop, students receive gift bags filled with goodies. Students also receive journals for **Journal Therapy** to increase writing skills, job interviewing skills, reading comprehension and problem solving skills.

If you or anyone you know can benefit from our services, please visit our website at griefcc.org, call 601.324.0227 or 985.285.8712 or email us at griefcc25@outlook.com.

Our services are free of charge, but we do accept optional small gifts to help our clients and others receive free services and to further advance our Educational Ministry. Our purpose is to be servants to the Lord and servants to mankind holistic well-being. We hope you accept our proposal as we look forward to hearing from you soon.

Sincerely,

Daphnie Newman Boudy, M.Ed.
Licensed Minister, Certified Christian
Counselor & Sunday School Teacher

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Payments, Fees & Costs:

4 Weeks of 4: 30 minute Grief/Career Counseling Sessions (2 hrs) = \$0.00

6 Weeks of 6: 30 minute Marriage Counseling Sessions (3 hrs) = \$0.00

Optional Gifts Accepted, Pay What You Can Afford or Treat Your Counselor To

Lunch via CashApp: [\\$griefcc](#) or Paypal: [GriefCC PayPal](#)

PayPal: <https://www.paypal.com/ncp/payment/ML9J3J9XDVG DY>

Each Client will Receive:

1. In-Person Consultation & Intake
2. Counseling & Coaching List of Emergency Resources with Active Links
3. **SMART Goals** (Specific, Measurable, Achievable, Relevant & Time-bound)
4. Gift Bag of Goodies & Journal Booklet with Pens/Pencils
5. Professional Profile with Biography on griefcc.org & LinkedIn (Career Counseling)
6. Action Plans & Journal Therapy

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