

# Grief Counseling & Coaching

## Grief Counseling & Spiritual Life Coaching

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Dear Clients,

We have compiled these awesome Bible **SOAP** Method Worksheets to help you plan, learn and stay organized. The **SOAP** Bible study method is a simple, structured way to engage deeply with scripture, standing for **Scripture, Observation, Application, and Prayer**, guiding you to write out a verse, note what you see, figure out how it applies to your life, and then pray about it, fostering a transformative connection with God's Word (Google AI).

Please enjoy, print and copy as many as you'd like to create your own Bible **SOAP** Booklet.

Sincerely,

Daphnie Newman Boudy, M.Ed.  
Licensed Minister, Certified Christian  
Counselor & Sunday School Teacher

# SOAP METHOD BIBLE STUDY

## Scripture-

Choose a verse(s) to study. Write it in the space provided.

S

## Observation-

What jumped out to you? What is the message? Are there actions/commands? What questions do you have?

O

## Application-

What were you convicted of or learn that you can apply to your life? What is God trying to tell you?

A

## Prayer-

Write a prayer incorporating your thoughts on the verse. Ask Him for help to apply what you learned. Ask for clarification if needed.

P

# SOAP BIBLE STUDY

May 4, 2024

SCRIPTURE

Proverbs 16:3 NIV  
Commit to the Lord whatever you do, and he will establish your plans.

OBSERVE

Going with the Lord and having him lead your life is better than trying to do so on your own. The best chance for success happens when we rely on him. Solomon's Proverbs shows us human motives, self control and common sense.

APPLICATION

I can make plans all I want, but the Lord rules over that planning. I shouldn't struggle so hard to do so much on my own. The Lord has a purpose and plan for everything he has created, and that includes me. I need to go to him with everything I plan to do or think I might. It will give me peace and take the weight off my shoulders. Why is it so hard to relinquish control?

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PRAYER

Dear Lord, I come to you once again to lay my troubles, worries, my plans, at your feet. They are too heavy for me to carry on my own. A new chapter has befallen me and I honestly don't know how it's going to work out. I am scared. I feel like a ninny and a failure. I need to trust you. Help me to do so. In Jesus' name, Amen!

# S.O.A.P

## Journaling Method

### S

## cripture

Read a Bible passage or chapter and write down the verse/s that stood out to you the most.

### O

## bservation

What do you notice about the verse/s? What do you think the main message is? What verse/s, words or ideas jump out to you?

### A

## pplication

Ask God how He wants you to apply the verse/s to your own life. Were there any commands or instructions?

### P

## rayer

Pray for yourself and/or for others. Ask God to show you how to meditate and apply this scripture.

# SOAP BIBLE STUDY

Canva Editable

The SOAP method is a simple and practical tool for personal Bible study. Its purpose is to help you not only read Scripture but also reflect on it, apply it, and pray through it. Each letter in the word SOAP represents a step that guides your devotional time: Scripture, Observation, Application, and Prayer. This method turns every Bible reading into an opportunity for spiritual growth, helping you better understand the text, listen to what God is saying, and put it into practice in your daily life.

## S

**SCRIPTURE:** In this first step, you choose a verse or passage from the Bible and write it down in your journal or notebook. Copying God's Word helps you focus and keep it in your heart and mind.

## O

**OBSERVATION:** Here you take a closer look at what the verse says. Ask yourself: Who is speaking? Who is being addressed? What is happening? What words stand out or are repeated? The goal is to understand the context and the message of the passage.

## A

**APPLICATION:** This is the personal step: How does this passage apply to my life today? Application may come as a correction, encouragement, challenge, or promise to live out.

## P

**PRAYER:** Finally, you turn what you learned into a prayer. You talk to God about the passage, thank Him, and ask for His help to live it out. Prayer seals the study in your heart.

## SOAP

DATE: July 23, 2025

**BIBLE VERSE:**

Psalms 127:2 - "He gives to His beloved even in sleep"

**SCRIPTURE**

God blesses and provides for those He loves

even while they rest

**PRAYER:**

**APPLICATION:**

Lord, help me trust Your timing and rest in Your provision.

Stop worrying-rest, knowing God is in control.

**OBSERVATION:**

Effort without God leads to stress, but His love brings peace and provision.

INSTANT DOWNLOAD - PDF- GOODNOTES COMPATIBLE



# SOAP

Bible Study

Date

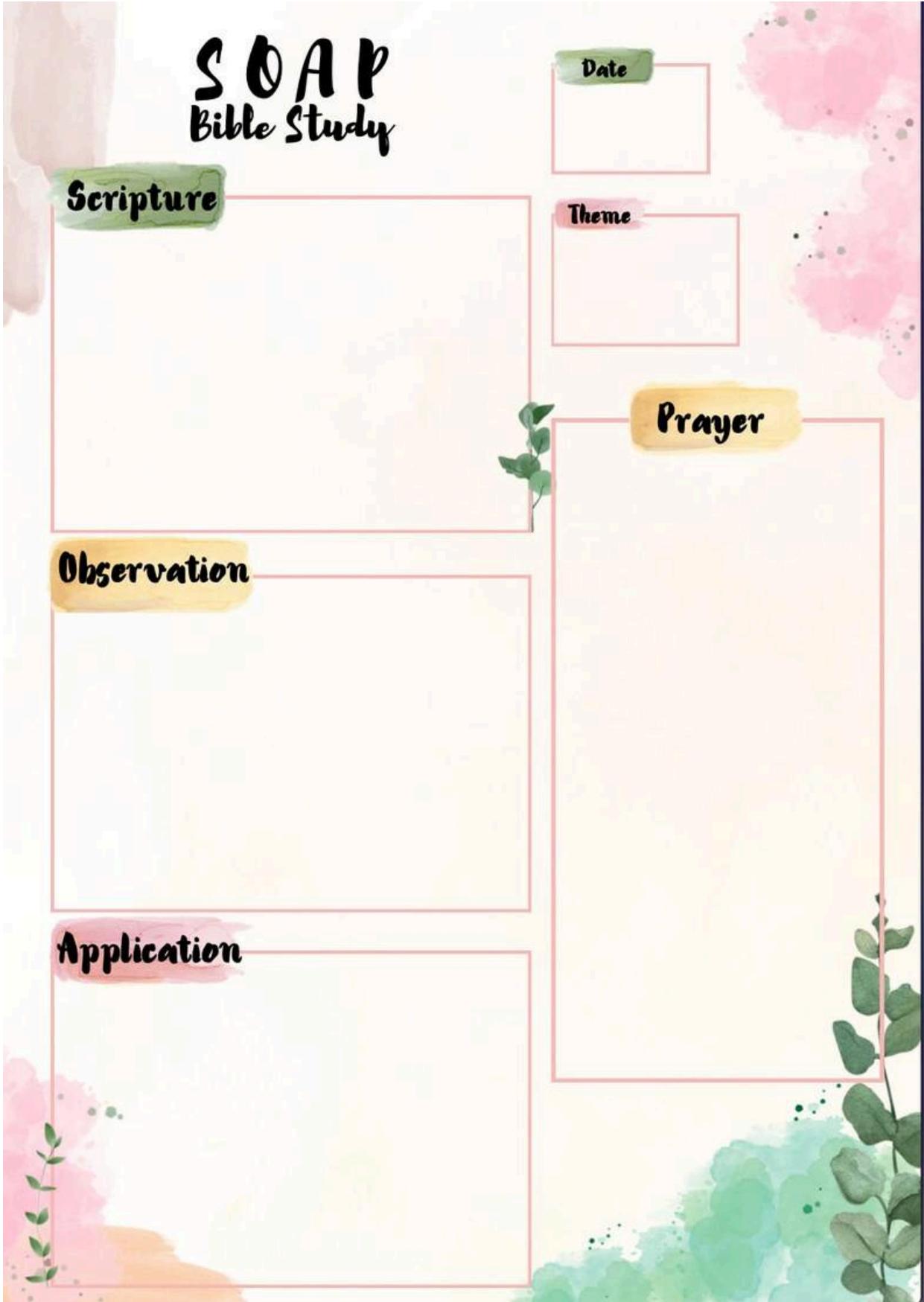
Scripture

Theme

Prayer

Observation

Application





# SOAP Bible Study

S

**SCRIPTURE:** Write the Scripture you will be studying.

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O

**OBSERVATION:** Identify the who, what, where, and when of the passage.

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A

**APPLICATION:** How will you apply it to your daily prayer life?

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P

**PRAYER:** Ask God for help to apply this truth and tell Him thanks.

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# SOAP Bible Study Method

## Scripture

Write out a key verse.

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## Observation

What stood out to you in this passage?

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## Application

How can I apply this to my life? Do I need to make changes?

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## Prayer

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# Bible Study

Scripture

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Observation

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Application

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Prayer

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Name

Date

# BIBLE STUDY

## S.O.A.P. METHOD



**GOD**  
is  
**POSSIBLE**



### SCRIPTURE

Write the actual verse or passage of scripture.

### OBSERVATION

How do you interpret what God is saying in the scripture?

### APPLICATION

In what ways can you apply this scripture into your life?

### PRAYER

Write a prayer asking God to help you apply the scripture in your life.



# Bible Study

## Scripture

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## Observation

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## Application

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## Prayer

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# S.O.A.P. Bible Study

Pick a chapter of the Bible to read. Then pick out a verse (or passage of Scripture).

**Scripture.** Pick a scripture reading. Take your time and actually copy it. Slowing down and writing it out is important.

**Observation.** Observe what is happening. What is happening?  
Who is involved?  
How would you explain these verses to another person?

**Application.** Apply these verses to your life today.  
What is God saying to you?  
How can you apply these verses to your daily life?

**Prayer.** Write a prayer inspired by what you've read, observed, and applied.

