

Grief Counseling & Coaching

Grief Counseling & Spiritual Life Coaching

Ph: 601.324.0227 or 985.285.8712

Email: griefcc25@gmail.com

Website: griefcc.org

Find us on: [Facebook](#)~[Google](#)~[Yelp](#)
[WhatsApp](#)~[Bookedin](#)

Marriage Counseling:

6 Weeks of 6: 30 minute Counseling Sessions (3 hours total) with Action Plan



- In-person/Phone Consultation Intake
- Review Intake & Resources (**1st Session**)
- **Open:** Marriage Scripture & Meaning
- **PreMarital & Marriage Questionnaire**
- Improving Communication
- Root Cause & Conflict Resolution
- Shared Goals & Rebuild Trust
- Journal Therapy: Planning for the Future, Implement Solutions & Strengthen Intimacy

Fundamental, Reflective & Open-Ended Questions

Close: Marriage Scripture & Meaning

Review Resources, Reflect & Provide Contact Information for Follow-up (**6th Session**)

Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments only. Contact Daphnie Boudy for questions and/or volunteer opportunities.

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Payments, Fees & Costs:

4 Weeks of 4: 30 minute Grief/Career Counseling Sessions (2 hrs) = \$0.00

6 Weeks of 6: 30 minute Marriage Counseling Sessions (3 hrs) = \$0.00

Optional Gifts Accepted, Pay What You Can Afford or Treat Your Counselor To Lunch via CashApp: [\\$griefcc](#) or Paypal: [GriefCC PayPal](#)

PayPal: <https://www.paypal.com/ncp/payment/ML9J3J9XDVG DY>

Each Client will Receive:

1. In-Person Consultation & Intake
2. Counseling & Coaching List of Emergency Resources with Active Links
3. **SMART Goals** (Specific, Measurable, Achievable, Relevant & Time-bound)
4. Gift Bag of Goodies & Journal Booklet with Pens/Pencils
5. Professional Profile with Biography on griefcc.org (Career Counseling)
6. Action Plans & Journal Therapy

Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school or college campus. Contact Daphnie Boudy for questions and/or volunteer opportunities.