

# Grief Counseling & Coaching

Education Division

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Ph: 601.324.0227 or 985.285.8712

Email: [griefcc25@outlook.com](mailto:griefcc25@outlook.com)

Website: [griefcc.org](http://griefcc.org)

Find us on: [Facebook](#)~[Google](#)~[Yelp](#)

[WhatsApp](#)~[Bookedin](#)

Dear Clients,

In our Education Welcome Packet, you will find:

- Our Education Division
- Our Purpose
- Services We Provide
- Sessions Availability
- Integrated Workshops
- Education: Community Group Events and Workshops
- Our Holistic Approach
- Our List of Emergency Resources

Sincerely,

Daphnie Newman Boudy, M.Ed.  
Minister, Certified Christian Counselor,  
Licensed Educator & Administrator

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## Our Education Division:

At Grief Counseling & Coaching, students find convenient and compassionate support, a path towards growth, financial literacy and college and career readiness. In

our Education Division, we're staffed with Certified Christian Counselors, Licensed Educators and Administrators, Licensed Professional Counselors (LPCs), National Certified Counselors (NCCs), state Certified School Guidance Counselors and Certified by the Federal Reserve (Bank) Education.



Through our holistic approach, we offer specialized counseling and educational services to help students experience success in all areas of their lives. Some of our services include **Grief Counseling, Career Counseling & Career Readiness, College-Bound & College Readiness and ACT, LEAP & End of Course (EOC) Bootcamps**. We also specialize in **Financial Literacy** as we partner with

Regions Bank and the Federal Reserve (Bank) Education offering real-world banking services to ensure a lasting impact beyond classroom learning. We work individually with clients as well as host **Community Group Events and Workshops** at hospitals, schools, churches, city halls, colleges and universities.

## Our Purpose:

Promoting services to recruit eligible low-income, first-generation, disabled, at-risk and/or disadvantaged students.

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## Services We Provide: Community Group Events & Workshops



- Grief Counseling
- Career Counseling & Career Readiness
- College-Bound & College Readiness
- ACT, LEAP & End of Course (EOC) Bootcamps
- Financial Literacy-Partnering with Regions Bank & the Federal Reserve (Bank) Education

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

# Our Integrated Workshops:

Tap the links or **Scan the QR Codes** below for more information and book us today!

## Grief Counseling & Coaching Education Division

### Integrated Workshops:



#### Financial Literacy & Career Counseling

We partner with Regions Bank and the Federal Reserve (Bank) Education. Students will receive a **Certificate of Completion** recognizing their hard work, dedication and commitment to excellence.



#### Career Counseling & Career Readiness

Students engage in mock job interviews, create resumes, professional biographies and profiles on LinkedIn and on our website at [griefcc.org](http://griefcc.org) for more visibility to attract potential employers and university recruiters.



#### College-Bound & College Readiness

We're preparing the next generation of leaders for higher education and academic readiness. Students practice ACT standards, complete college applications, financial aid and scholarship opportunities.



#### ACT, LEAP & EOC Bootcamps

Students engage in intensive review of national and state standards in ELA, Math, Science, and Social Studies, practice test-taking strategies for computer-based and paper tests and learn anxiety reducing techniques.



## Career Counseling & Career Readiness



## College-Bound & College Readiness



## Financial Literacy & Career Counseling



## ACT, LEAP & EOC Bootcamps



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## Grief Counseling:



**Community Group Event:** Where community members/students connect, grow and heal in a safe space. They also share stories and memories of their loved ones and participate in the following group activities:

- Grief Questionnaire
- Fact Sheets
- My Story
- Goodbye Letter
- My Grief Action Plan
- Journal Therapy

Review Resources, Reflect & Provide Contact Information for Follow-up

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

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## Career Counseling & Career Readiness:



**Community Group Event:** Where community members/students connect, grow and network in a safe space as we prepare our next generation of leaders. They conduct peer mock job interviews and participate in the following career readiness activities:

- **Evaluations/Self-Assessments**
- Mock Job Interviews
- Resume Writing & Assistance
- Career Action Plan
- Personal Biography
- Set Up Professional Profile on [griefcc.org](http://griefcc.org) & LinkedIn
- Journal Therapy: Interview Questions
- Work Checklist
- Review Resources, Reflect & Provide Contact Information for Follow-up

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

# Career Readiness Program in Coordination with Career Counseling

Dear Clients,

Our Career Readiness Program in Coordination with Career Counseling allows students to develop core skills, such as communication, critical thinking, teamwork, and professionalism to succeed in the workplace. Our focus is to help students manage their careers long-term as our services help students go beyond just getting a job. Students develop a hunger for knowledge and interactive hands-on experience, while being adaptable, flexible, effective, and ready for growth and new challenges in any professional environment.

Our Career Counseling program combines both hard skills (technical abilities) and crucial soft skills, preparing individuals for evolving job markets through continuous learning and professional development. We collaborate and connect students with training programs, colleges, universities, TRIO math and science upward bound programs (**Southern University at New Orleans: SUNO**), internships, and work study and summer job placement. Students develop their own professional profiles with biographies, obtain their own professional websites with personal url to boost career opportunities and visibility, receive resume assistance, engage in mock job interviews to build confidence and self-esteem and participate in journal therapy to enhance writing and communication skills.

Our Career Readiness Program focuses on the following:

- Critical Thinking/Problem Solving: Analyzing issues, making sound decisions, and overcoming obstacles.
- Communication: Effectively conveying information orally, in writing, and listening actively.
- Teamwork/Collaboration: Working effectively with diverse groups to achieve shared goals.
- Digital Technology: Using relevant digital tools and platforms proficiently.
- Professionalism/Work Ethic: Demonstrating responsibility, integrity, and strong work habits.
- Leadership: Motivating self and others, and capitalizing on team strengths.
- Career Management: Setting goals, planning career paths, and navigating transitions.
- Global & Intercultural Fluency: Understanding and respecting diverse perspectives and cultures.



Our services are important to students, schools, colleges, universities and employers because of 1.) Employer Demand: Employers across industries value these core competencies for successful hires; 2.) Lifelong Success: It builds the foundation for growth, adaptation, and leadership throughout a student’s entire career; and 3.) Adaptability: Prepares students for changes in technology and work environments, which are critical in our 21st century global society.

If you or anyone you know can benefit from our services, please visit our website at [griefcc.org](http://griefcc.org), contact us at 601.324.0227 or 985.285.8712, email us at [griefcc25@outlook.com](mailto:griefcc25@outlook.com) or book us at [bookedin.com](http://bookedin.com) for an in-person or phone/Zoom teleconference consultation.

Our services are free of charge, but we do accept optional small gifts to help our clients and others receive free services and to further advance our Educational Ministry. Our purpose is to serve the Lord and to serve others holistically. We hope you accept our proposal as we look forward to hearing from you soon.

Sincerely,  
Daphnie Newman Boudy, M.Ed.  
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## College-Bound & College Readiness:



**Community Group Event:** Where we're preparing our next generation of leaders for higher education and academic readiness. Students connect, grow and network with peers in a safe space. They conduct peer surveys, evaluations and self-assessments and participate in the following college readiness activities:

- **Practice ACT/SAT**
- Learning Style Inventory, Pre-Test & Post-Test
- **Research Colleges & Affordability**
- **Research College Majors & Careers**
- **Find & Apply for Scholarships**
- Complete FAFSA & Student Aide
- Draft College Essays
- Complete/Mail College Applications
- Request High School Transcript
  - Avoid Summer Melt
  - Review College Checklist
  - College Action Plan

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

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## College-Bound vs College Readiness:

**College-Bound** refers to the intention or pursuit of attending post-secondary education, while **College Readiness** signifies having the specific academic skills, knowledge, and behavioral habits required to succeed in college-level work without remediation.

**College Bound** is defined as students, often in high school programs like the Boys & Girls Clubs College Bound program or our affiliates at [Southern University at New Orleans Upward Bound Math & Science TRIO Program](#), who have decided to pursue higher education.

- Focus: Goal-setting, college application process, financial aid, and career planning; and
- Status: Aspirations; A student can be college-bound but not yet academically prepared.

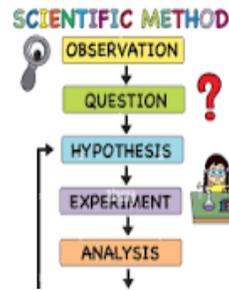
**College Readiness** (Ability & Preparation) is defined as students possessing academic skills, intellectual capacity, and self-regulation needed to complete credit-bearing college courses.

- Focus - Academic performance (e.g., GPA > 2.8). According to the [National College and Career Readiness Initiative](#), meeting [benchmarks](#) like ACT/SAT, Advanced Placement (AP) exam scores and key areas of academic proficiency in reading, writing, and math are critical. Students need to be able to write well-structured essays, use certain math formulas, and utilize the scientific method and problem solving skills.
- **Real-World & Interpersonal Skills** come from being actively involved and engaged in school, interacting with peers, attending classes, being accountable, taking responsibility and all things in the world around

students. Our Workshops help students develop the below skills and scientific method that will help them in college and beyond the classroom:

- Critical thinking
- Problem solving
- Time management
- Decision making
- Communication
- Networking
- Data analysis
- Constructing and defending an argument
- Collaboration
- Curiosity
- Open mindedness

### Scientific Method Skills



- **Behavioral** - Self-discipline, time management, and self-independence.

Having college-ready behavior can typically fall into four categories:

- **Self-monitoring:** To self-monitor, students need to be able to check in with their thoughts and actions that align with their goals. When they reflect like this, they can self-regulate, evaluate current goals and take action to change strategies and approaches if needed.
- **Self-awareness:** Similar to self-monitoring, but this skill focuses on each student as a “whole”. If students are self-aware, they are knowledgeable and honest to themselves about their shortcomings, strengths, values, beliefs, and behaviors.
- **Self-control:** When students have self-control, they are proactive vs reactive and are better able to manage their responses, impulses, behaviors, and emotions to situations. They are more likely to make decisions that help them reach their educational and career goals.
- **Study skills:** College-level courses require a higher level of studying compared to high school classes. Students should be able to have study habits that promote learning and understanding the material, including time management, note-taking, prioritizing, choosing the right place to study, and more.

In summary, receiving all A's in high school and participating in the classroom is fantastic but by themselves, they're not quite enough to succeed in higher education. Students need to display certain behaviors that show they can take on the task of

being responsible for themselves and their education as college students. Below are key areas to remember:

- **College-Bound** (Intent & Plan) is a goal; students aim for college.
- **College Readiness** is the measured ability to thrive; students are prepared to succeed upon arrival.

## Why Is College-Bound & College Readiness Important?

In our 21st century global society, College-Bound and College Readiness are important for students to evaluate if they are truly ready to take on higher education, stand out to colleges, universities and potential employers, and compete with their peers around the world.

Our ultimate goal and overall purpose is to help students expand on skills they already have, so they can find long-term success in college and the workforce:



Our Workshops help students stand out to colleges, universities and potential employers. Motivate students to succeed. Boost students' GPA. Encourages them to take AP courses, AP exams and ACT/SAT to demonstrate their commitment to tackle and complete college-level work.

At the beginning and end of our Workshops, students complete self-assessments and engage in peer evaluations to help boost self-confidence, interpersonal skills, self-awareness and self-independence.

Additionally with every Workshop, students receive gift bags filled with goodies. Students also receive journals for [Journal Therapy](#) to increase writing skills, job interviewing skills, reading comprehension and problem solving skills.

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Our services are free of charge, but we do accept optional small gifts to help our clients and others receive free services and to further advance our Educational Ministry. Our purpose is to serve the Lord and to serve others holistically. We hope you accept our proposal as we look forward to hearing from you soon.

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## ACT, LEAP & End of Course (EOC) Bootcamps:



**Community Group Event:** Where students grow, connect and network in a safe space, engage in intensive review of national and state standards in **English Language Arts (ELA), Mathematics, Science, and Social Studies**, practice test-taking strategies for computer-based and paper tests and learn anxiety reducing techniques.

- **Learning Style Inventory, Pre-Test & Post-Test**
- 1-4 weeks or 1-3 day Intensive Sessions
- Full-length, Proctored Practice Tests with diagnostic feedback
- Some Lessons Include Hands-on Activities Games or Direct Practice
- Increase Students Scoring Basic, Proficient and Mastery
- **High-impact ACT Sessions to Give Students a Final Push to Score College-Ready**

**Where we're preparing the next generation of leaders for higher education and academic readiness.**

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

## ACT Curriculum Standards Per Grade Level

Students are provided with a checklist of ACT standards they need to complete and master by each grade level. With our high-impact ACT workshops and standards breakdown, this gives students step-by-step visuals and the final push they need to score **College-Ready**. ACT has also implemented changes to enhance students' testing experiences that will result in successful student outcomes and higher scores.

# ACT is saying, "Test your way. More time, less pressure."



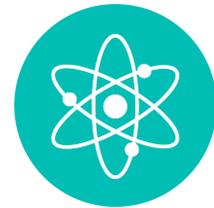
### Shorter Test, Fewer Questions

Think clearly, stay focused throughout, and be done before you know it.



### More Time Per Question

Get your best score when you feel less pressure to answer every question quickly.



### Optional Science and Writing

Choose if you want to show off your strengths with optional science and writing.

### What's Changing



Reduced Number of Questions



Shortened Test Time



More Time Per Question



Reduced Answer Choices for Math Questions (5 to 4)



Science Test is Optional

### What's Staying the Same



ACT Scale and Benchmarks Remain Unchanged



Prior Test Scores Will Remain Unchanged



No impact on Predicting First-Year College Success



Both Paper and Online Tests Still Offered



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## Financial Literacy-Partnering with Regions Bank & the Federal Reserve (Bank) Education:



3 Weeks of 3: One (1) hour Community Group Session (3 hours total)

Or one (1): 3 hour Session

In-person: Intake/Registration

- **Evaluations/Self-Assessments**
- The 3 C's of Credit (for borrowing)
- The 3 C's for Financial Success (personal finance)
  - Character & Consistency (Session 1)
  - Capacity & Commitment (Session 2)
  - Capital, Collateral & Confidence (Session 3)

Each Participant will have access to Regions Bank Customer Service staff present on site for questions, Banking Information, Financial Assistance, Assistance with Opening Bank Accounts, etc.

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

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Dear Clients,

Upon completion of our Financial Literacy Workshop in collaboration with **Regions Bank and the Federal Reserve (Bank) Education**, you will receive a **Certificate of Completion** in recognition of your outstanding contributions, dedication, and commitment to excellence.

## Certificate of Completion

This Certificate is Proudly Presented to

**Your Name**

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In recognition of your outstanding dedication and commitment to excellence in completing the Financial Literacy Workshop in collaboration with Regions Bank and the Federal Reserve (Bank) Education.

**FRED**®



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Grief Counseling & Coaching



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## Each Client will Receive:

1. In-Person Consultation & Intake
2. Counseling & Coaching List of Emergency Resources with Active Links
3. **SMART Goals** (Specific, Measurable, Achievable, Relevant & Time-bound)
4. Gift Bag of Goodies
5. Professional Profile with Biography on [griefcc.org](http://griefcc.org) & LinkedIn (Career Counseling)
6. Journal Booklet with Pens/Pencils
7. Action Plans & Journal Therapy

## Sessions Availability:

Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference (text/call or book us through our website) and by appointments for **Community Group Events and Workshops** with your hospital, church, city hall, school, college or university. Contact Daphnie Boudy for questions and/or volunteer opportunities.

# Grief Counseling & Coaching

## Grief Counseling & Spiritual Life Coaching

Dear Clients,

We are a religious organization, who specializes in grief counseling and spiritual life coaching services grounded in Biblical principles, doctrine and scriptures designed to meet the needs of our clients, our faith-based community and those who are seeking life changing experiences.

We serve each client as a “whole” addressing their needs holistically, understanding their spiritual, emotional, social and physical well-being. We refer clients to other professionals for emergency help, rehabilitation, mental health, housing assistance, utility assistance, TANF financial assistance, SNAP food benefits and career readiness. We try our best to surround clients with vital resources and match them with appropriate professional support to help transform them and their lives, so they can move forward in a positive and healthy way. Below is a Wellness Wheel that outlines what **ManKind Holistic Well-being** is:



As a religious organization, **Our Purpose** is to serve the Lord and to serve others holistically. We are available Tuesdays and Thursdays from 10:00 a.m. - 6:00 p.m. via phone or Zoom teleconference. If you or someone you know can benefit from our services, please do not hesitate to contact us.

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Dear Clients,

As a religious organization, we have compiled the below resources to help you and your loved ones during emergency situations. Links are active, so please feel free to tap each link for immediate information and assistance:

1. Substance Abuse & Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/find-support/in-crisis>

2. SAMHSA (call/text: [988](tel:988))

3. SAMHSA: in crisis call [800.662.4357](tel:800.662.4357)

4. Disaster Distress Help: [800.985.5990](tel:800.985.5990)

5. Crisis Call Center: [775.784.8090](tel:775.784.8090)

6. National Parent & Youth Helpline: [855.427.2736](tel:855.427.2736)

7. Grief Counseling & Coaching [Facebook](#) Resources

8. Our Daily Bread Devotionals

<https://www.odbm.org/en/devotionals>

9. Career Preparation & Work-Based Learning ([U.S. Department of Labor](#))

10. U.S. Department of Housing & Urban Development ([HUD](#))

11. Emergency Utility, Food, Housing & Medical [Assistance](#)

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